



Child and Adult Care Food Program Newsletter * Spring 2010

703 S. Main Street, Suite 211 * Akron, Ohio 44311
1-800-407-5437 * FAX 1-800- 777-0655 * www.childcare-connection.org

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Serving All Meal Components At The Same Time.



Often times during monitoring visits we need to remind providers to serve all required meal components to the children at one time. Some providers are in the practice of withholding milk until a child has eaten the majority of his or her meal or that the fruit is saved and is presented as a dessert.

This practice presents a concept that some foods are more “special” than others. When only 3 components are served at lunch, a child may either fill up on these three or then be too full by the time the milk and fruit are served. Or the child may not like one or more of the foods served initially, and play with it or feel an undue pressure to eat these foods. When all components are served at the same time, the child is given the ability to decide what and how much he or she wants to eat. Please remember that CACFP guidelines instruct monitors to be sure that all components of a meal are served at once and that **no withholding of foods is practiced.**

Child Care Connection is partially funded by United Way and the Ohio Department of Job and Family Services.

Substitute Caregiver Documents

Thank you so much to all of our Family Child Care Providers who mailed in their list of substitute providers and asked those substitutes to read and sign the CACFP Permanent Agreement. The state has made it clear that when a monitor goes out to conduct a home visit if the provider wants to claim that meal but in their absence a substitute is caring for the children, he or she needs to be trained on CACFP practices and procedures. Your substitute should know how to:

- Access your menus and meal counts- either on Minute Menu or handwritten documents.
- Know the meal components the children should have for the monitored meal.
- Serve appropriate quantities of the foods required for the monitored meal.
- Have a clean and sanitary meal area.
- Substitute and children must be washing their hands before the meal.

Your substitute should be able to manage a monitoring visit as well as you do in order for visit to be considered successful and be able to be reimbursed. If you would like to invite your subs to CACFP annual training, please encourage them; they are welcome.



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H.A.P.P.Y. Homes

Trumbull County's Helping Association for Professional
Providers of Young Children

Presents

H.A.P.P.Y. S.P.R.I.N.G. Conference

*Helping Advance Premium Preschool Years by a Super
Provider Enrichment Initiative Netting Great childcare*

Saturday, April 24, 2010

7:30 am to 5:00pm

Trumbull Career and Technical Center
528 Educational Highway
Warren, OH 44483

Register to attend

6 hours of credit: in-service, CDA, CEU, 2 hours
of CACFP training & Step Up To Quality

Child Care Connection is presenting a 2 hour Child &
Adult Care Food Program (CACFP) approved training.
This session meets the CACFP annual training
requirements for providers enrolled in the CACFP.

Attendees must be enrolled in the CACFP through a
sponsoring organization to attend this session.

Successful Meal Planning & Record Keeping

10:45 to 12:45 pm - 2 hours in-service credit

Presenters:

- Leann Riley, B.A. Child Development
- Teresa Moe, B.A. Early Childhood

CACFP training will include a record-keeping training
and a nutrition piece that will contain an appropriate
hand washing demonstration for adults & children.

Visit the Child Care Connection website to register.

<http://www.childcare-connection.org/38events.htm>

Reminders for Daily Programming

- Remember to call the office if you are cancelling a meal for the day or will be serving that meal away from home.
- Weekend and Holiday forms can be downloaded from our website. They must be received by the 5th of the following in month in order to validate those days and to be paid for the claimed meals. If you are keeping attendance and menus up to date daily, this should not be a problem.
- If you are caring for a child with a special diet, contact us if we have not contacted you. A "Special Diet" form completed by the child's physician is mandatory.
- If you are caring for a child over the age of 13 that has special needs and wish to continue claiming that child, give us a call. We will do everything we can to assist you in ensuring that child's participation.
- CACFP Mandatory Training dates and locations will be released soon!

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