



Child and Adult Care Food Program Newsletter * Winter, 2012

703 S. Main Street, Suite 211 * Akron, Ohio 44311
1-800-407-5437 * FAX 1-800- 777-0655 * www.childcare-connection.org

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Child Care Connection Social-Emotional Training, 2011

Child Care Connection is pleased to bring you three thought-provoking sessions covering topics from power struggles to curriculum. Some sessions are approved for Step Up to Quality! Registration must take place through [The Ohio Professional Development Network](#).
Saturday, December 3rd, 2011 (2 sessions)
Tuesday, December 13th, 2011

Minute Menu Musts!

Be sure to mail in enrollment forms that are signed by the parent's by the 5th of the following month for prompt activation of the child.

We continue to struggle with provider's that are still forgetting to mail in Weekend/Holiday claim forms by the 5th of the following claim month. Be sure to review the list of Federal Holidays listed in the upper right corner of the form. Many providers have children on Columbus and Veteran's Day and neglect to mail in the documentation. If documentation is not received, your claim summary will reflect that you were closed for a holiday we do not have documentation for.

Combination meals are meals that providers are counting as 3 components when in fact; they may only count as 2 food choices. If you are serving a combination meal such as lasagna, take a look at which food group has the largest serving size, which most likely would be the grain, then maybe the cheese would add up to the required serving size. The tomato sauce and other items in the lasagna would then **not be counted** as components. The USDA has this rule to be sure that children are being served a wide variety of foods and have additional choices if they do not happen to like the combination meal served that day. We continue to provide support and technical assistance and hope that most providers are feeling a bit more comfortable about food choices for their children.

Always check the *little blinking envelope* on **Minute Menu** when you log in. We often send out messages regarding payments, holiday reminders and general messages via the broadcast message feature on Minute Menu.

Please be sure to continue to use appropriate grammar when entering names, ages, and addresses for new enrollments. Be sure to capitalize the first letter of a child's name, their parent's name, the name of their street, etc.!

Child Care Connection is partially funded by United Way and the Ohio Department of Job and Family Services.

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Fat Free and Low-Fat Milk

Milk served in the CACFP must be consistent with the most recent version of the Dietary Guidelines for Americans. The 2010 Dietary Guidelines recommend that persons over two years of age consume fat free (skim) or low fat (1%) fluid milk. In order to continue to be reimbursed for meals requiring fluid milk, you must now only serve skim or 1% milk to your children who are over the age of 2 years.

As always, children in your programs that cannot consume fluid milk due to medical or other specific dietary needs will continue to need a *Special Diet* Form annually completed by the child's physician. You can download the *Special Diet* Form on the Child Care Connection website at www.childcare-connection.org

For those children whose parents or guardians wish their child to be on a vegan diet, they may now request in writing non -dairy substitutions to be served in lieu of milk. Non-Dairy beverages must be nutritionally equivalent to milk and meet the nutritional standards for calcium, protein, vitamin A and D and other nutrients found in cow's milk.

On recent home visits we have reminded providers of the new rule related to the serving of Skim or 1% milk to children over the age of 2 years. We are documenting when we notice that a provider is still serving 2% or whole milk to children over the age of 2, providing technical

assistance and eventually disallowing meals that are not in compliance with the Fat Free and Low-Fat Milk rule. If you have any concerns or questions, please be sure to call or e-mail us

Food Recall Alerts

For information and to sign up for email updates about recalls and public health alerts go to: www.fsis.usda.gov/FSIS/recalls/index.asp

The Food and Safety and Inspection Service (FSIS) is the public health agency in the U.S. Department of Agriculture responsible for ensuring that the nation's supply of meat, poultry, and egg products is safe, wholesome and correctly labeled and packaged.

Reminder to call the office when you are not serving meals!

You can speak to any specialist in the office when you are cancelling a meal, just let them know your name, what meal you are cancelling and if you are actually not conducting the meal, or serving at the park, or on a field trip. You can also e-mail us:

Teresa: tmoe@childcare-connection.org

Leann: lriley@childcare-connection.org

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