

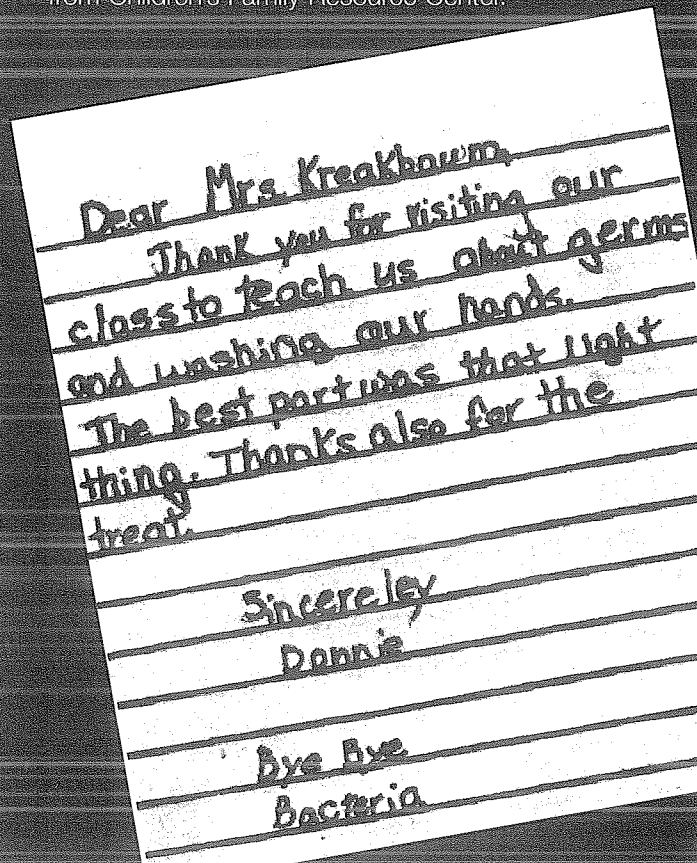
## H.E.L.P. is on the way

Akron Children's Hospital has Health Education Lesson Plan Kits and they're FREE.

### Each kit is complete with

- ♦ Curriculum
- ♦ Activities
- ♦ Book(s)
- ♦ Video(s)
- ♦ Parent letter for each student
- ♦ Evaluation tool for the teacher

The **H.E.L.P.** kits are available for two-week loan from Children's Family Resource Center.



## Health Education Lesson Plan (Topic List)

- ♦ Asthma (K-12)
- ♦ Dentist/Dental Care (Pre-K to Grade 2)
- ♦ Dentist/Dental Care (Grades K-4)
- ♦ Diabetes (K-12)
- ♦ Doctor/Anatomy (Pre-K-6)
- ♦ Emotional Development (Grades 3-5)\*
- ♦ Epilepsy (K-12)
- ♦ Eye/Vision (Grades 4-8)
- ♦ Fire Safety and Burn Prevention (K-6)
- ♦ Handwashing (K-12)\*
- ♦ Head Lice (Pre-K-6)
- ♦ Human Genetics (Middle School & High School)
- ♦ Hygiene (Grades 4-6)
- ♦ Nutrition (Pre-K)\*
- ♦ Nutrition (Grades 2-3)\*
- ♦ Safety (K-6)
- ♦ Skin/Sun Safety (K-12)
- ♦ Smoking (Grades 2-12)
- ♦ Tattoos & Body Piercing (Middle School & High School)

\*Indicates joint development with PBS's 45 & 49.

The **H.E.L.P.** kits have been carefully assembled and reviewed by the staff at Children's Hospital so you can be confident of their quality and accuracy. Both students and teachers enjoy this creative approach to learning about important health topics.

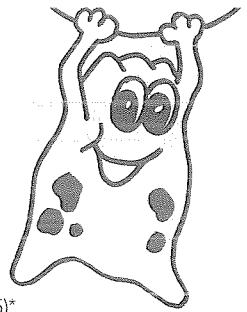
**New kits are being developed all the time, so check regularly with the Family Resource Center staff to see what's new.**

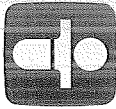
### How do you get H.E.L.P.?

**H.E.L.P.** kits can be picked up and returned to the Family Resource Center at Children's Hospital from 9 am-3:30 pm Monday-Friday.

Special arrangements can be made if these times are not convenient. The FRC is located just off the Atrium Lobby on the third floor, the main public floor of the hospital.

Questions? Call the Family Resource Center at 330-543-8180 or e-mail [family@chmca.org](mailto:family@chmca.org).

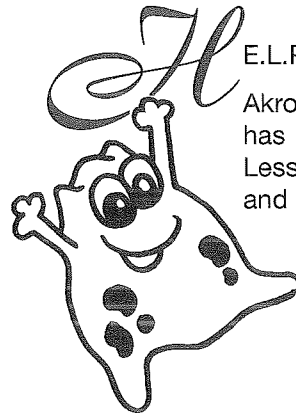




Akron  
*Children's*  
Hospital

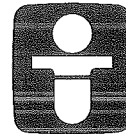
One Perkins Square • Akron, Ohio 44308-1062

# Health Education Lesson Plan Kits



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